Leg Ulcer Prevention Program Study
Regional Victoria Update (FAQs)

2nd July 2013

How is recruitment tracking in Regional Victoria?
We are now 3 months into recruitment, that is one quarter of the way as Regional Victoria has 12 months to recruit 100 participants. So far 19 people have been recruited to LUPP which is a fantastic achievement. We are aware that often considerable effort is made which may not result in clients being recruited. So congratulations to each site for their efforts to date.

Delays in recruitment of study participants are not uncommon and there are a number of strategies which can help. Experience has taught us that studies involving people with venous leg ulcers have greatest success with recruitment if:

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<th>LUPP recruitment in Regional VIC</th>
<th>1. The clients lower limb assessment is completed asap, as this informs the diagnosis of aetiology</th>
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<td>2. The diagnosis is re-checked, i.e. a skin tear that has not healed in a timely manner may be a venous leg ulcer</td>
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<td>3. Awareness is raised among field staff</td>
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<td>4. Potentially eligible clients are discussed among the team</td>
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<td>5. Support from the Project Officer is accessed.</td>
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There may be other reasons why recruitment is delayed, so please let us know any barriers you are experiencing. We would like to learn more and we are here to assist.
How and do I fill out the details at the top of the Visitrak Grid for this study?

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When do I do a Tracing?
Trace the study wound each week for the entire 12 weeks of the study plus the initial recruitment visit. If a clients wound heals there will be no further tracings required, notify your LUPP Team Leader who will notify Lauren.

Why do we complete the LUPP Care Guide?
The LUPP Care Guide is completed at the recruitment visit to indicate when LUPP sessions are due and update each week until week 12. The LUPP Care Guide is sent back to the research department with the final data collection tools.

What is the Carers study and do I need to do anything?
The Carers study, also known as “Experiences of people supporting someone who has a leg ulcer” focuses on the perspective of any family, friends or carers involved in the LUPP education sessions with the participant. The study will interview 10 people in regional Victoria. Participants receive an Expression of Interest in their 6 week data collection tool - which they can then provide to their family / friend / carer to consider. If the participant or the family / friend / carer are unsure if they are eligible, they can contact Charne Miller from RDNS.

Important Dates:
Friday 5th July 2013 – Third screening report due (email to Lauren).
Tues 16th July 2013 (1400-1530) - LUPP Leader Reference Group Teleconference
Monday 2nd and Tuesday 3rd September - Regional Vic 2nd LUPP Team Leader Group 2-day Workshop (RDNS St Kilda)