



## Guidelines for Use

RDNS is committed to the Multicultural Victoria Act 2004, which informs RDNS' policies to ensure people from culturally and linguistically diverse (CALD) backgrounds can enjoy access to RDNS' services equally, and are treated with respect and sensitivity.

RDNS' clients originate from 145 countries and speak 74 languages.

Each of RDNS' nursing centres provides services to local CALD communities, which vary markedly from centre to centre. Some centres may have large population groups from single ethnic backgrounds; others may have several groups of varying ethnicity.

RDNS recognises that effective communication is essential to the delivery of high quality services and communicates with people who speak little or no English with the use of accredited interpreters (on-site and telephone), the provision of translated materials, and wherever possible employing staff who can provide services to clients in a language other than English.

In addition, RDNS makes available this information sheet which comprises common words and phrases that might be used when a client from a non-English speaking background is experiencing an episode of care from RDNS.

Whilst this document was originally developed for use by RDNS staff, it may of use to you or people you know and as a result is freely available for download and use.

This document includes information on the following:

Introduction to the language

Topic 1: Greetings

Topic 2: Making / changing appointments

Topic 3: Medical problems

Topic 4: farewell

RDNS remains committed to providing the best possible care to all of our clients.



# Introduction to the Greek Alphabet

The Greek alphabet has (24) twenty four letters.

Greek Letter	Closest English Equivalent
A α	eg. a as in: F <u>a</u> ther
B β	V v ( <u>V</u> an)
Γ γ	G g ( <u>Y</u> ear)
Δ δ	D d ( <u>D</u> elta)
E ε	E e (P <u>e</u> n)
Z ζ	Z z ( <u>Z</u> eal)
H η	E e (S <u>i</u> t)
Θ θ	Th (Bre <u>ath</u> )
I ι	I I (P <u>i</u> ck)
K κ	K k ( <u>K</u> ey)
Λ λ	L I ( <u>L</u> eave)
M μ	M m ( <u>M</u> an)
N ν	N n ( <u>N</u> ot)
Ξ ξ	X x ( <u>X</u> ylophone)
O ο	O o (L <u>o</u> t)
Π π	P p ( <u>P</u> in)
P ρ	R r ( <u>R</u> ot)
Σ σ / ς	S s ( <u>S</u> oft)
T τ	T t ( <u>T</u> ea)
Υ υ	I I (Fat <u>i</u> gue)
Φ φ	F f ( <u>F</u> eet)
X χ	Ch (Lo <u>ch</u> )
Ψ ψ	ps (Sw <u>a</u> ps)
Ω ω	O o (L <u>o</u> t)



## Topic 1: GREETINGS

English	Greek	Closest Pronunciation in English
Hello	Γεια σας	Yiá sas
Good morning	Καλημέρα	Kaliméra
Good afternoon	Καλό απόγευμα	Kaló apóγιεuma
Good evening	Καλησπέρα	Kalispéra
Good night	Καληνύχτα	Kaliníkhtha
What is your name?	Πώς σας λένε;	Pos sas léne?
I am a nurse	Είμαι νοσοκόμα	I me nosokóma
My name is	Λέγομαι	Léghome
Mr / Mrs	Κύριος / Κυρία	Kírios / Kíria
I am happy to see you again	Χαίρομαι που σας ξαναβλέπω	Khérome pu sas ksanavlépo
No	Όχι	Ókhi
Yes	Ναι	Neh
Good	Καλά	Kalá
Do you understand me?	Με καταλαβαίνετε;	Me katalavénete
I understand	Καταλαβαίνω	Katalavéno
I don't understand you	Δεν σας καταλαβαίνω	Den sas katalavéno
Do you need an interpreter?	Χρειάζεστε διερμηνέα;	Khriázeste dierminéa
I need an interpreter	Χρειάζομαι διερμηνέα	Khriázome dierminéa

Topic 2: **MAKING / CHANGING APPOINTMENTS**

English	Greek	Pronunciation in English
What day can I visit you?	Ποια μέρα μπορώ να σας επισκεφθώ;	Pyá méra boró na sas episkeftó?
What time?	Τι ώρα;	Ti óra?
Monday	Δευτέρα	Deftéra
Tuesday	Τρίτη	Tríti
Wednesday	Τετάρτη	Tetárti
Thursday	Πέμπτη	Pémpiti
Friday	Παρασκευή	Paraskeví
Saturday	Σάββατο	Sávato
Sunday	Κυριακή	Kiriakí
Morning	Πρωί	Proí
Midday	Μεσημέρι	Mesiméri
Afternoon	Απόγευμα	Apógevma
Evening	Βράδυ	Vrádi
At Night	Τη νύχτα	Ti níkhta
I need to.....	Πρέπει να.....	Prépi na....
make a phone call	τηλεφωνήσω	tilefonísw
Speak	Μιλήσω	Milísw
to your doctor	με το γιατρό σας	me to yatró sas
to your family	με την οικογένειά σας	me tin ikoyénia sas
to your son	με τον γιο σας	me ton yo sas
to your daughter	με τον κόρη σας	me tin kóri sas
to your husband	με τον άντρα σας	me ton ándra sas
to your wife	με τον την γυναίκα σας	me tin yinéka sas
to your brother	με τον αδερφό σας	me ton aderfó sas
to your sister	με τον την αδερφή σας	me tin aderfé sas
I need to change our visit time	Πρέπει να αλλάξω την ώρα της επίσκεψης	Prépi na alákso tin óra tis epískepsis



## Topic 3: MEDICAL PROBLEMS

English	Greek	Closest Pronunciation in English
How are you?	Πώς είστε;	Pos íste?
Where does it hurt?	Πού πονάτε;	Pu ponáte?
The chemist will bring your tablets this afternoon / tomorrow	Ο φαρμακοποιός θα σας φέρει τα χάπια σας σήμερα το απόγευμα / αύριο	O farmakopiós tha sas féri ta khápia sas símera to apógevma / ávrio
What medications are you taking?	Τι φάρμακα παίρνετε;	Ti fármaka pérnete
I want you to take your medicine	Θέλω να πάρω τα φάρμακά σας	Thélo na párete tá phármaká sas
Can you get yourself some water?	Μπορείτε να πάρετε μόνοι / μόνες σας λίγο νερό;	Boríte na párete tá móni sas lígho neró?
I need to.....	Πρέπει να.....	Prépi na.....
Check your blood pressure	Κοιτάξω την πίεσή σας	Kitáksó tin píesí sas
Take your pulse	Πάρω τον σφυγμό σας	Na páro ton sfigmó sas
Change your dressing	Αλλάξω τον επίδεσμό σας	Aláksó ton epídesmó sas
Ambulance	Ασθενοφόρο	Asthenofóro
Doctor	Γιατρός	Yiatrós
Medicine	Φάρμακα	Fármaka
Are you constipated?	Έχετε δυσκοιλιότητα;	Ékhetē diskiliótita?
Do you have diabetes?	Έχετε διαβήτη;	Ékhetē diavítī?



## Topic 4: FAREWELL

English	Greek	Closest Pronunciation in English
You can ring me on .....	Μπορείτε να μου τηλεφωνήσετε στο...	Boríte na mu tilefonísete sto.....
Thank you	Σας ευχαριστώ	Sas efkharistó
I'm pleased to have met you	Χάρηκα που σας γνώρισα	Khárika pu sas gnórisa
You are welcome	Παρακαλώ	Parakaló
Take care, Good - bye!	Να προσέχετε Αντίο σας	Na prosékhete adío sas